



**GLOBAL INNOVATION FOR VULNERABLE
AND ENVIRONMENT
(KYAKA REFUGEE SETTLEMENT KYEGEWA- UG)
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PROJECT OVERVIEW FIBROID MEDICAL TREATMENT IN UGANDA REFUGEE CAMPS 2022-2023

No	NAME OF REFUGEE CAMP	COMPLETE D 6 MONTHS FIBROID TREATMENT	COMPLETE D 3 MONTHS FIBROID TREATMENT	ON GOING FIBROID MEDICAL TREATMENT MIFEPRISTONE 50 MG ONCE WEEKLY	FOLLOW UP MIFEPRISTONE 10 MG CONTRACEPTION TO PREVENT OVULATION, MENSTRUATION & BREAST CANCER	WOMEN WHO CONCEIVED AFTER STOPPING MIFEPRISTONE
01	KYAKA II	8000	3000	5110	6000	110
02	NAKIVAL	4,021	1851	910	204	21
03	BIDIBIDI	2053	508	114	121	19
04	RHINO	811	104	610	80	31
05	IMVEPI	160	123	92	87	12
06	ADJUMANI	210	96	54	41	24
07	RWAMWANJA	6000	306	109	211	96
08	KYANGWALI	160	205	93	101	18
09	POLORINYA	72	29	41	61	7
10	KIRYANDONGO	94	27	50	46	11
11	ORUCHINGA	29	71	24	53	14
12	PARABEK	36	54	29	42	12
13	ACHOL-P II	45	22	39	44	18
TOTAL		21,691	6,396	7,275	7,092	393

MESSAGE TO MEDI-HELP.ORG AND ITS DONORS

We thank Medi-Help and its donors for helping us in Uganda with the previously unknown fibroid medical treatment and also low-dose mifepristone for family planning. Surgery to remove the uterus as

done for women in Western countries is neither affordable nor available to any of our mothers who suffered badly from large fibroids that caused heavy and irregular menstruations, making them weak, miserable and often anemic.

The project of free fibroid treatment based on mifepristone 50 mg taken once a week in the first phase was offered for 6 months. In the second phase, it was adapted to 3 months full treatment and then followed up with 10 mg once a week as contraception PLUS, preventing not just fibroids but also ovulation and menstruation and thus likely reducing risks of ovarian and breast cancer which here normally leads to death. Not just vulnerable refugees were helped but also poor women in rural areas nearby camps also saving costs of sanitary pads.

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A hundred percent (100%) of women who have been taking mifepristone 50mg once a week for a duration of 6 months, seventy percent (70%) of these patients saw their fibroid shrink significantly.

The remaining thirty percent (30%) of patients saw a smaller reduction in fibroid size.

Of those patients who did an ultrasound scan at the beginning, there were some at 20cm (8 inches) that were reduced to 4cm (inch) others at 10cm (4 inches) were reduced to 0,4cm/.

They are also some women who had struggled with conception due to fibroids who completed treatments. When done with this treatment they stopped taking the medicine and conceived the following month after treatment.

Many thanks to Medi-Help for empowering this project and their willingness to support vulnerable African women.

- **For more information you can contact:**

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